



Annual Report 2020

"We promote and build a vibrant, strong volunteering community that is inclusive, respected and sustainable."



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Our year at a glance



18 mentors &18 mentees engaged



24 Publinars

543 registrations Total Funding \$1,054,486

Additional Members

69



795

individuals received assistance to find a volunteer role



In-House Training Sessions

179

Volunteer managers received individualised support with their role



14

Public workshops

& 165
Attendees

Message from Chair & CEO

2019/20 was a landmark year for Volunteering Victoria. Our team of volunteer board members and volunteer and paid staff made considerable progress against our 2019/21 Strategic Plan. We are delighted to share this Annual report with you, showcasing our successes across our four strategic pillars.

2019/20 was also a year of historic social, economic, and environmental upheaval. Our Black Summer of bush fires and the start of the COVID-19 pandemic demonstrated the best in volunteer mobilisation and effort to support communities. Research we undertook early in the pandemic showed the significant impact it is having on volunteering, witharound two thirds of volunteer-involving organisations unable to continuetheir volunteer programs, leading to setbacks in both volunteers' wellbeing, and the organisation's capacity to meet community need.

During such difficult times, we believe the importance of our role as the key conduit and advisor to Government and leaders in responsive professional development, research and thought leadership for our Members has been reinforced.

By leading according to our values of collaboration, innovation, and accountability we view this Annual Impact Report as our record of our commitment to you to promote and build a vibrant, strong volunteering community that is inclusive, respected, and sustainable.

1. A Strong Volunteering Sector

Recognising the specialist skills leaders of volunteers employ to mobilise people in complex community environments, we were proud to launch the world's first CPD program for leaders of volunteers. By formalising the skills, experiences and professional development required to maintain competence, we are hearing of increased respect for and recognition of the work leaders of volunteers provide to organisations and communities. For CPD to succeed, we have ensured our eco-system of skills-based workshops, webinars, mentoring, special interest groups, online tools, resources and templates and events have been fit for purpose.

With the support of State Government, we were pleased to commence work on VolPoll, our new product to support smaller organisations harness their volunteers' potential. We were also please to secure for our Members 10 scholarships for the national Certificate IV in Volunteer Coordination.

2. Promotion of Meaningful Volunteering

The rewards of our year are most often observed at our prestigious State Awards, National Volunteer Week Forum and AGM Panel. This year was a little different, with our first ever fully online National Volunteer Week program, which showcased the best in research and practice within volunteering. We were privileged to celebrate and honour the extraordinary leadership of our sector through these occasions.

Alongside, we concluded our delivery of the Victoria ALIVE project with an array of videos, micro-credentials, social media campaign, resources and tools, training sessions, and C-level summit with Dylan Alcott.

3. Advocacy for and by the Sector

Good advocacy is built on great relationships, and this year we have leveraged our reputation with the Department of Health and Human Services and the Parliamentary Secretary for Carers and Volunteers with a commitment to fund an inaugural Victorian State of Volunteering Report, which alongside other commissioned work will ultimately lead to our State's first formal volunteering strategy.

Our successful advocacy has been supported by our close alignment with Volunteering Australia and the Chief Executive Officers' Network (CEON) at the Federal level, and the Victorian Volunteer Support Network (VVSN) at the State level. Working with such committed sector leaders has ensured a strong united voice advocating for the best outcomes for our Members as well as volunteers and communities across Victoria.

4. Organisational capacity and capability

Our organisational sustainability is underpinned by excellent governance, and we recognise the role of the Board in ensuring our operations remain closely aligned to our strategic agenda. 2019/20 saw a change in leadership, with Angela Seach stepping down from her role as Chair after three successful years. Her leadership was instrumental in building a board culture of high expectation and performance. In line with the Board's goals of financial sustainability, we were pleased to post a sizable surplus this year which ensures we remain a strong and resilient organisation able to withstand funding uncertainty and variation.

Thank you for the role you have played in supporting Volunteering Victoria this year. We welcome your feedback on this report, and look forward to serving you with the same quality and standards you expect in the coming years.

Yours in volunteering,



Bronwen Clark
Board Chair



Sattu

Scott Miller Chief Executive

Inside **Volunteering Victoria**



8

Volunteers at Volunteering Victoria



198

Number of volunteer hours contributed



\$8,712

Approximate value of volunteering contribution

Our Directors during 2018- 2019

Andrew Coghlan
Angela Seach
Bradley Smith
Bronwen Clark (Chairperson)
Con O'Brien
Geoff Sharp
Kerry Uren
Luci Mumme
Michael Wilson

Our volunteers & students

Thank you to the many volunteers who offered their time, skills and enthusiasm with us over the last financial year.

Dianna Enlund Max Ngorima Oscar Arvizu Rashmi Maharjan Ruby Jacobs Usha Ramanan Vidhee Patel

Our Staff during 2019-2020

Camellia Sayed, Senior Marketing & Communications Officer

Dominic Szeker, Project Manager Gillian Garner, Business & Policy Officer Hazel Maynard, Trainer & Consultant Ish Rashad, IT Specialist

Jenna Chia, Victoria ALIVE Project Officer Kate Stuart, Community Engagement

Coordinator - Gippsland

Kirsten Fullarton, Member Services

Madeline Townsend, Volunteer Engagement Officer

Marnie Higgs, Victoria ALIVE Communication & Stakeholder Coordinator

Rosy Satanek, Event Coordinator

Ruby Jacobs, Membership Support Officer Sara Sterling, Sector Development Manager

Scott Miller, Chief Executive





Our **Members**

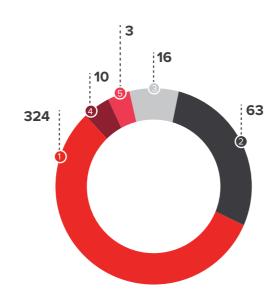
We had **416** members at the end of the year, with Community/ Welfare Services the largest sector represented in our membership and a total of **69** new members joining us for the 2019-2020 financial year.

Industry Classification 2019-2020

Welfare/Community Services	110
Health	73
Local Government	31
Volunteer manager	29
Education & Training	21
Art Heritage & Culture	21
Volunteer Support Services	17
Individual Members	16
Disability Services	15
Aged Services	14
Volunteer	12
Parenting, Children & Youth	9
Sport & Recreation	9
Environment	8
Animal Welfare and Wildfire	7
Corporate/Business	6
Multicultural Services	6
Religion	6
Board member	5
Political party	1



Court Network, Winners of the Excellence Award, 2019 State Awards



Types of Memberships



2 Individual Members

3 Corporate Members

4 Associate Members

Reciprocal Members

Policy Advocacy & Research

Government relations

Volunteering Victoria maintains strong government relations through its close relationship with the Parliamentary Secretary for Volunteers and the Volunteering team at the Department of Health and Human Services. Advocacy for and by the volunteering sector is a core objective of Volunteering Victoria. Strong, mutually beneficial relationships should promote engagement and investment for the volunteering sector. Our State Budget Submission document was an important advocacy engagement.

State Budget Submissions

Late in 2019, through a survey of members, Volunteering Victoria explored the relationships between volunteer involving organisations (VIO) and the Victorian Government with a view to identifying opportunities for and barriers to effective engagement, advocacy and investment for the volunteering sector.

With **58** responses, the survey provided information on member organisations' capacity to advocate with State Government generally and to seek funding specifically, and the resources needed to do so more effectively. This information was used to support Volunteering Victoria's budget submission and follow up discussions and engagement with State government.

In January 2020, Volunteering Victoria made a submission to three Victorian Government Departments – the Department of Health and Human Services (DHHS), Local Government Victoria and Multicultural Victoria - as they prepared for their 2020-2021 budgets. In the submission Volunteering Victoria emphasised the direct economic benefits provided by a volunteer workforce of **1,511,500** Victorians, the many direct and indirect benefits of

volunteering for the strength and resilience of Victorian communities and made a number of recommendations.

Victorian Volunteer Strategy

Volunteering Victoria recommended that DHHS and Volunteering Victoria continue to enhance formal coordination and strategic alignment of volunteering across the State to support growth and innovation in the sector and to ensure a strong and effective Victorian Volunteer Strategy.

Local Government

Volunteering Victoria recommended that Local Government Victoria supports effective delivery of volunteering services across the diverse range of council services by resourcing specialised professional development opportunities for identified local needs. This could include training in aligning practice to the National Standards for Volunteer Involvement.

Support to Multicultural Communities

Volunteering Victoria recommended that the Victorian Government supports the development of specialised inclusive multicultural volunteering materials, workshops and training opportunities. The outcomes will ensure a more diverse volunteer workforce with better utilisation of skills and experience, greater diversity awareness and inclusion, and increasingly inclusive and harmonious communities.

Legislative Improvements

Volunteering Victoria recommended that the Victorian Government works with Volunteering Victoria and Justice Connect on legislative improvements, in close consultation with VIOs and other peak bodies and:

- a. Prioritises work towards a nationally consistent scheme which incorporates recommendations in the Working with Children Check Report.
- b. Ensures that volunteering is specifically listed as a protected area of public life to the Equal Opportunity Act 2010 (Vic). Care will need to be taken when amending the legislation, in particular to the definition of volunteering (making sure it reflects current forms of volunteering and other forms of unpaid work, for example, Work for the Dole participants, mutual obligation activities, court-ordered volunteering, work under work and development permits), and to balance the regulatory burden, if any, against equality before the law. Legislative changes should be phased in and the sector should be supported to adapt to changes and responsibilities.
- C. Ensures that the Equal Opportunity
 Act 2010 (Vic) clarifies different
 types of unpaid work and provides
 the same protections to other forms
 of unpaid worker participants, as
 traditional volunteers. The Victorian
 Government should also check to
 ensure that there are alternative
 (and sufficient) protections for
 these kinds of unpaid work (e.g.
 in the same way that emergency
 volunteers have been excluded as
 alternative protections apply).

Fact Sheets & Guides

Volunteering Victoria designed 8 guides outlining best practice in setting up volunteer programs.

During this financial year we added:



Four of these guides also had an accompanying video designed to increase the accessibility of our resources.

Volunteering Victoria also relaunched the Volunteer Management Toolkit. This was redeveloped with some collaboration with Justice Connect to provide guidance and practical tools for the sector. Since its release its been accessed by approximately **60** people per month.



Sector Development & Events

In-house training

Volunteering Victoria ran 23 in house training sessions and 14 Public workshops. Central to our value proposition in sector development is our broad real-world experience of programs and customised training that is easily adaptable to suit organisational needs.

66

I have learnt the sector's best practice in an informative and refreshing way with facilitators who are engaging and super knowledgeable all while training and networking with likeminded volunteer managers 99

-Starlight Foundation

- A Z of Volunteer Management
- National Standards for Volunteer Involvement
- 3Rs Recruitment Retention and Recognition
- The Tuff Stuff Volunteer Performance Counselling
- Coaching Volunteers through Organisational Change
- Navigating Professional Boundaries
- Volunteer Screening Deconstructed
- Values-Based Leadership
- Building an Inclusive Volunteer Program
- The Changing Nature of Volunteering



workshops



Participants



Registrations



very good

in-house training

workshops for organisations

It has been a privilege to be matched to a mentee in the Volunteering Victoria Mentor Program. With initial training and goal setting task provided by Volunteering Victoria for the mentee to complete in consultation with the mentor, it gave a great foundation for organic development of a casual but professional relationship. 99

-Mentor, Smith Family

Mentoring Program

Volunteering Victoria's Volunteer Managers Mentoring program entered its sixth year. with **18** pairs across Victoria. The program brings together experienced senior leaders of volunteers with entry-level managers of volunteers to assist newer volunteer managers to grow in their roles.

This program offers both professional and personal development opportunities for passionate individuals seeking to develop their skills and careers. This year the program has expanded geographic reach to include 3 pairs in regional Victoria.

66

It gives both parties enormous scope for personal and professional growth, helps to build your network and understand the perspectives and experiences of others 99

-Mentor Ballarat Community Health

66

I am incredibly proud to have been selected as a mentor in the **2020 Volunteering Victoria Mentor** Program. I would highly recommend this program to anyone in industry who's interested in furthering their knowledge and experience, both as a mentee and a mentor

"

-Mentor Royal Childrens Hospital

17 16

Webinars

PLV Talks, Tech for Good and LEAD!

After launching its first webinars in 2018-19, Volunteering Victoria has continued to expand its webinar offerings. There were three different streams of webinar engagement: LEAD!, Tech4Good and Professional Leaders of Volunteers (PLV). In total, Volunteering Victoria ran 3 LEAD! webinars, 9 Tech4Good webinars and 10 PLV webinars. This was in addition to 2 DHHS updates, providing information on the latest developments regarding pandemic restrictions.

Volunteering Victoria ran a total of 24 webinars

LEAD!

PLV Talks

Tech4Good

DHHS Updates

On average each webinar had



66

Presenting in a webinar for the first time I initially felt quite nervous. Throughout the planning and rehearsal stages, Sara Sterling, Sector Development Manager, provided my co-presenter and I with a great deal of guidance, reassurance and support. Thank you Volunteering Victoria.

-Paul Chew (ANZ)

66

Participating as a guest on a Volunteering Victoria webinar on virtual volunteering gave me the opportunity to reflect on the things I do in my role. It was a refreshing opportunity to take the time out of my role to consider volunteer best practice, share ideas and connect with others managing volunteers.

- Georgina Boucher – Community Broadcasting Foundation

CPD Continuing Professional Development Program

CPD is a pathway for Professional Leaders of Volunteers to improve their skills and be formally recognized for the work they are doing to support their volunteers and to encourage meaningful volunteering across the state.

Volunteering Victoria launched its pilot CPD program in June 2019. 51 participants obtained the endorsement at the end of the program.

Now in its second year, Volunteering Victoria currently has 102 people enrolled in CPD. Volunteering Victoria has also entered into partnerships with other organisations that offer professional development opportunities

We are proud to have worked this year with the following organisations as endorsed partners:

- Ballarat Foundation
- Bendigo Volunteer Resource Centre
- Boroondara Volunteer Resource Centre
- Campaspe Primary Care Partnership
- Centre for Participation
- Eastern Volunteers
- Justice Connect
- Volunteer Central Vic
- Volunteer Connect
- Volunteering Geelong



Volunteering Victoria's CPD program allows me to both quantify and qualify the ad hoc work that I am doing. It is a huge motivator to upskill and become more involved in the Volunteer sector. Not only does the program formalise our work, but it promotes it. It has taught me what it means to be a Leader of Volunteers

- Connie Marie Caliguiri Royal Melbourne Hospital

In its first year CPD had some great outcomes:

of participants said they planned their PD more proactively due to CPD

strongly agreed the program met their expectations

agreed that CPD improved sector wide awareness of volunteer management as a profession

State Budget investments

VolPoll

As part of the state budget investment in technology, Volunteering Victoria launched VolPoll, our free volunteer engagement tool for the sector during National Volunteer Week. The tool highlights three areas of focus – sustainability, safety and satisfaction for volunteers and volunteer involving organisations. It is designed as a primer to the National Standards for Volunteer Involvement. Since it was launched approximately **50** individuals have visited the site each month from a range of notfor-profits.



Certificate IV

As part of the state budget investment in training and mentoring, Volunteering Victoria was funded by the Department of Health and Human Services to provide **10** Scholarships to complete Certificate IV in Coordination of Volunteer Services (CHC44015) currently run by the Centre for Volunteering.

Volunteering Victoria is supporting these students with additional support sessions. Their learnings will be shared throughout the sector in Victoria in the financial year of 2020- 21 through the mentoring program, special interest groups and local network meetings.

In the 2019 – 20 Volunteering Victoria ran 15 SIGs across several topics including:

- Measuring the impact of volunteering programs
- Spontaneous Emergency Volunteering (post Bushfires)
- The LOHVE benchmarking study
- The Victoria ALIVE program for disability inclusion
- Volunteering amongst CALD communities

VSS Services

Melbourne

The Department of Social Services has funded Volunteering Victoria to support the delivery of VSS services in Melbourne

In the financial year of 2019-20 this included:

- » 679 individuals received assistance to find volunteering opportunities (face to face, phone and email support)
- » 96 Volunteer managers received individualised assistance
- » 15 Special Interest Group Meetings were held
- » 8 community talks

Sector Collaboration

Volunteering Victoria has developed partnerships to assist with training and sector development.

Justice Connect

Volunteering Victoria works closely with Justice Connect in delivering training sessions for volunteer managers throughout the year on volunteers and the law. Volunteering Victoria has worked closely with Justice Connect throughout the COVID-19 response period to ensure that resources about volunteering and risk during the pandemic have been made available to the sector.

VVSN

Volunteering Victoria supports the Victorian Volunteer Support Network by providing secretariat services throughout the year and having a representative on the Executive Committee. During this year, the VVSN met five times, with two of those meetings directly addressing the COVID-19 response.

Victorian Managed Insurance Authority - VMIA

Volunteering Victoria and VMIA collaborated in September 2019 to deliver training to the sector in Risk Management and Insurance. Since then Volunteering Victoria and VMIA have continued to collaborate on important issues including the COVID-19 response and insurance coverage for volunteers during the pandemic.

Centre for Volunteering

Volunteering Victoria has entered a partnership with the Centre to deliver the accredited Certificate IV in Coordination of Volunteer Programs (CHC44015).

Special Interest Groups (SIGs)

Volunteering Victoria runs three Special Interest Groups in Melbourne

- » Employee Volunteering
- » Inclusive Volunteering
- » Leadership in Volunteering



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Gippsland

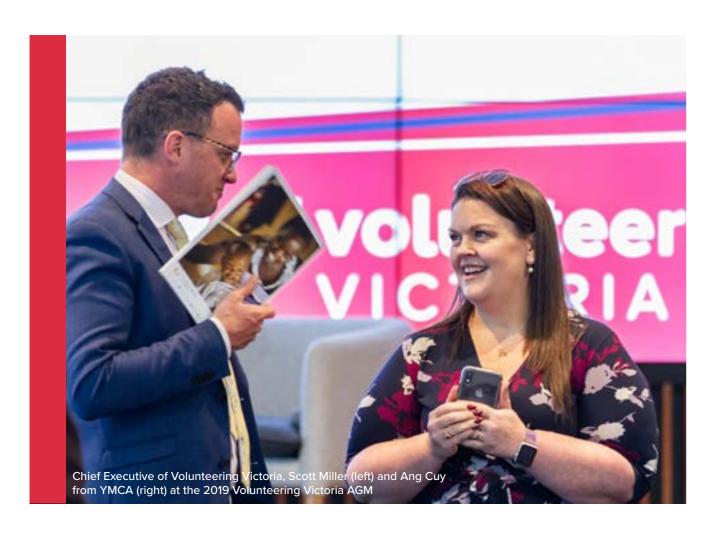
The Department of Social Services has funded Volunteering Victoria to support the delivery of VSS services in Gippsland and the Latrobe Valley.

In Gippsland (South Gippsland, Warragul, Wellington & East Gippsland):

- 61 Individuals received assistance to find volunteering opportunities (face to face, phone and email support)
- 56 volunteer managers received individualised assistance
- 14 Volunteer Manager network meetings across South Gippsland, Baw Baw, Wellington and East Gippsland
- 5 Community talks

In the Latrobe Valley:

- 55 Individuals received assistance to find volunteering opportunities (face to face, phone and email support)
- 27 volunteer managers received individualised assistance
- 4 Volunteer Manager network meetings specifically for the Latrobe Valley
- 2 Community talks





The event, held at NAB Arena, was well attended by a large number of Volunteering Victoria members and supporters.

In 2015, the UN unveiled 17 Sustainable Development Goals (SDGs) which they describe as "a universal call to action to end poverty, protect the planet and ensure that all people enjoy peace and prosperity". Our 2019 AGM 'How do the SDGs Relate to Me?' was a timely reminder in exploring the SDG goals through a sector specific lens, leading a discussion which brought to the fore an important question for all in attendance.

Keynote speaker Ian Chambers, author and

Program Director of Plan for the Planet, provided the audience with context about the SDG program and explored how they are currently being implemented, as well as the opportunities for implementation that exist.

The panel discussion included Paul Bird from Australian Volunteers International, Adrienne Picone from Volunteering Australia and Brandon Ah Tong from Fred Hollows Foundation. The panel was moderated by Felicity Green from Spark Strategy. In addition to this discussion of the broader political and social landscape, AGM attendees were guided in exploring how the SDGs relate to their own lives as managers and coordinators of volunteer programs.

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2019 National Volunteer Week

On 18 May, Volunteering Victoria was delighted to celebrate National Volunteer Week in a totally new format due to the conditions brought about by pandemic restrictions.

In a dynamic event which was the first of its kind seen in the sector, audiences were invited to an afternoon-long live and interactive broadcast that used technology, humour, art and intellect to explore the dynamic changes happening in volunteering and its impact on communities during COVID-19.

Anthony Carbines, Parliamentary Secretary for Carers and Volunteers, attended the forum as a special guest. He addressed the vital role of volunteering in strengthening social cohesion within communities across Victoria. He also highlighted the Victorian Government's ongoing support of the sector.

Interspersed among the feature programs were 'surprising and delightful' performances from Victorian artists. These performances ranged from stand-up and musical comedy, to cello solos, a COVID-19 mockumentary, spoken word and some incredible hula hooping & flow performance.

The broadcast featured interactive panel discussions on important topics as we moved into the beginning of what would be months of pandemic restrictions:

 Leadership and Scaling up Volunteering in a Post COVID-19 World:

Sharon A Walsh (Director, Volunteer Services at Bendigo Health), Tim Ryan (Chief Executive Officer at Lord Somers Camp and Power House) and Richard Dent (Leadership, Strategy & Governance Specialist). Facilitated by Scott Miller (CEO of Volunteering Victoria)

Youth Volunteering:

Sally Coggiola (Organising Director,
Australian Youth Climate Coalition),
Gaston Foucade (Volunteer management
Mentor & Leadership Coach) and
Sara Rickards (Changemaker and
author in education, systems, design
& transformative learning). Facilitated
by Luke Stickels (Comedian, Journalist,
Educator, Volunteer & Campaign
Manager).

In addition to our interactive panels, a series of interviews were carried out by distinguished journalist Josephine Cafagna. Covering a broad range of volunteering related topics, Josephine and her guests explored many facets of the

changing landscape for volunteers and those who organise volunteer efforts. Her guests included:

Sue Cunningham,

Director of Victorian Red Cross, who spoke to her experience regarding volunteering needs of the Red Cross throughout the 2019/20 Summer bushfires, as well as COVID-19 related changes

Craig Foster,

former Socceroo Captain & architect of the #PlayforLives campaign, who shared his views on the role of volunteering in sport, as well as the role of sports stars within society

Geoff Mulgan,

a UK based author, consultant and scholar on democracy, innovation and collective intelligence, who spoke to the systems wide changes and challenges that volunteering faces within the broader context of society as a whole.

The event garnered glowing reviews; Volunteering Victoria was congratulated by many members and colleagues from within the sector for such a creative and innovative response to the changing environment.

Top left: Cellist, James Morley at the 2020 National Volunteer Week Broadcast

Top right: Journalist, Josephine Cafagna (left) and Former Socceroo Captain & architect of the #PlayforLives campaign, Craig Foster (right) at the 2020

National Volunteer Week Broadcast Bottom left: Spoken word by Ornob Sheikh at the 2020 National Volunteer Week Broadcast Bottom right: Flow performance by Nix at the 2020 National Volunteer Week Broadcast Top left: Performance by Tombolo at the 2020 National Volunteer Week Broadcast

Top right: Parliamentary Secretary for Carers and Volunteers, Anthony Carbines (left) and Chief Executive of Volunteering Victoria, Scott Miller (right) opening the 2020 National Volunteer Week Broadcast

Bottom left: He's Every Woman performed by Justin and Jamie at the 2020 National Volunteer Week Broadcast Bottom right: The Future of Volunteering: Who, How & Why, panel discussion at the 2020 National Volunteer Week Broadcast



Awards

Volunteering Victoria announced 9 recipients at its fifth annual State Awards on Wednesday 20 November, set to a stunning backdrop of canapes and cello duet at the Queen's Hall at State Parliament House

The Volunteering Victoria State Awards showcase the remarkable leadership and impact of Victoria's innovative volunteering programs, creative leaders of volunteers and diverse volunteer-involving organisations.

We received 30 nominations across seven award categories. The nominations were of a high calibre from a diverse range of volunteering programs and organisations across Victoria, highlighting some of the extraordinary leaders of volunteers in our state.

The Award judges were also acknowledged for their time and effort including:

» Bradley Smith, Strategic Volunteer Leader,

Uniting / Board member, Volunteering Victoria

- » Josephine Beer, Department of Health and Human Services
- » Rebecca Miller, SEEK Volunteer

2019 Winners

Excellence in Grassroots Organisation AwardMercy Connect

Inclusion AwardMelbourne Writers Festival

Local Government

Knox City Council

Collaboration for Community ImpactCampaspe Murray Volunteer Network

Employee Volunteering ProgramORIMA Research & St Kilda Mums

Innovation Award

Golden Square Pool & Country Fire Authority (CFA)

Excellence AwardCourt Network

Volunteering in Victoring in 2020

In May 2020 Volunteering Australia commissioned the Australian National University (ANU) Centre for Social Research and Methods to undertake analysis of the experience of volunteers during COVID-19. The full paper and results are available at the ANU website.

Key findings

Impact on Volunteering

The decline in volunteering during COVID-19 has been substantial, with **65.9 per cent** of volunteers estimated to have stopped volunteering between February and April 2020.



The researchers estimate that this reduction in volunteering is equivalent to **12.2 million** hours per week.

+65

Volunteers **over the age of 65** were more likely to have stopped volunteering than other age groups.



Female volunteers were also more likely to have stopped volunteering compared to male volunteers.

Impact on life satisfaction and psychological stress

The survey showed that volunteers had a higher level of life satisfaction prior to COVID-19 than non-volunteers.

The impact of COVID-19 on life satisfaction and psychological distress varied by volunteering behaviour over the period, with those who managed to continue volunteering during COVID-19 faring much better.

- All Australians, volunteers and non-volunteers, experienced a decline in life satisfaction between January 2020 and April 2020.
- However, there was a significantly and substantially smaller decline in life satisfaction for those volunteers who did not stop volunteering compared to those who stopped or who never volunteered in the first place.
- If those who had continued volunteering had experienced the same decline in life satisfaction as those that stopped, this additional decline in life satisfaction would have been equal to a drop in income of \$216 per week.
 This suggests that maintaining volunteering activity appears to be a very important protective factor.
- For those who continued volunteering, levels of psychological distress were also significantly and substantially lower than those who stopped volunteering and those who had never volunteered in the first place.

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Policy and practice implications

This research provides vital evidence of the impact of the COVID-19 situation on volunteers. The findings have several implications for volunteering policy and practice, for example:

- The scale of the cessation of volunteering reinforces the challenge ahead in reinvigorating volunteering. Organisations that have had to cease volunteer programs because of COVID-19 restrictions are seeking guidance on how to re-start programs safely and to support volunteers in their transition back.
- Because of COVID-19 restrictions, 12.2 million hours of volunteer work has been lost per week. The findings reinforce the power of the volunteer workforce and its contribution to the economic and social wellbeing of Australia. The nation needs these volunteers back supporting their communities.
- These new findings reinforce other research that has shown the mental health benefits of volunteering. As we move into the recovery phase, there is an opportunity to explore how volunteer opportunities might be extended to more people.

Trends in social cohesion

The research considers three indicators of social cohesion - whether people think Australians in general: can be trusted; are fair; and are helpful.



In February 2020, volunteers were more likely than non-volunteers to support these indicators of social cohesion.



There was a slightly larger increase in social cohesion between February and April 2020 for volunteers compared to non-volunteers.



However, interestingly, the increase was similar for those who stopped volunteering and those who did not stop volunteering. This suggests that social cohesion has increased for all those who are inclined to volunteer. The researchers suggest that this may help support a return to volunteering once the physical distancing restrictions are eased.



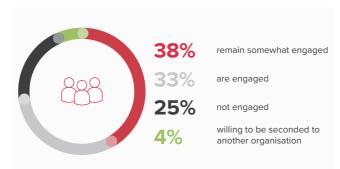
When these three measures are combined into a single index, the research found that there was an increase in social cohesion for all Australians between February and April 2020.

Volunteer management during COVID-10

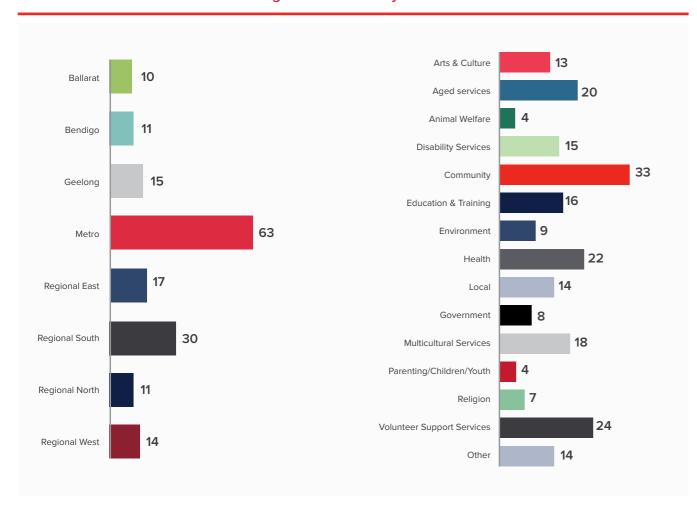
How have organisations been impacted?



How have volunteers been impacted?



Organisation Surveyed



Most pressing issues for volunteer managers



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O30



COVID-19 Response

The COVID-19 pandemic has had a profound impact on volunteering in Victoria and more broadly across Australia. As a peak body we have done our best to support volunteers and volunteer involving organisations adapt to changing government guidelines around hygiene, social distancing and travel.

Partnerships & Collaborations

Victoria ALIVE Project

The Victoria ALIVE (Ability-Links-Inclusive-Volunteering-Everyday) project was an activity of the 2018-19 Information Linkages and Capacity Building (ILC) Transition Grant Stream, within the community awareness and capacity building activity area. The project aimed to improve disability inclusion in the volunteering community sector.

The Project was a collaboration between Volunteering Victoria and Neighbourhood Houses Victoria, delivered in partnership with the Victorian Government. The objective of the project has been to build the capacity of the community and volunteer-involving organisations to actively involve and engage with people with disabilities.



As part of our response we have:

- Provided 5 dedicated communications about changes to the sector due to COVID-19 and resources available
- Run a baseline survey to understand impact specifically to Victoria
- Put in a submission to the Victorian Government about the pandemic response and its impact on the sector
- Added an additional website section with 22 guides and resources specifically for VIOs and 7 guides and resources aimed at volunteers

- Run two webinars with DHHS to provide information to the sector in an interactive forum
- Run additional Employee, Inclusive and Leadership in Volunteering SIGs
- Established a fortnightly COVID-19 Support SIG which met 5 times until June 30
- Changed our award categories for the 20-2021 State Awards



Beginning in 2018, the majority of the project was delivered in the second half of 2019.

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The key accomplishments of the Victoria ALIVE included these deliverables.

- Community forums. 3 of the 5 community forums were delivered in the 2019-20 year in Geelong, Gippsland and the Western Melbourne Metro region. In total, 276 forum attendees participated, 32 forum panelists spoke, 7 partner organisations collaborated with the project and there were 5 performances by all ability choirs and musicians. The forums activated the community with 546 "call-to action" commitments to improve disability inclusion recorded.
- Leaders breakfast this flagship event with keynote speaker Dylan Alcott to facilitate top down leadership in disability inclusion, activated 110 organisational leaders. Other notable speakers included Luke Donnellan, Minister for Child Protection and the Minister for Disability, Ageing and Carers, and Anthony Carbines, Parliamentary Secretary for Carers and Volunteers.
- Peak body conferences:
 - » NHVic 2019 Conference session with 23 "call to action" cards completed.
 - Volunteering Victoria 2019 State Conference with 22 "call to action" cards completed.
- 11 video case studies filmed and produced with Fertile Films, focusing on volunteers with disability and the organisations where they volunteer. Disseminated through the #WeAreAble social media campaign on all social media channels. 7 organisations involved: CFA Greendale, Travellers Aid, Melbourne Fringe Festival, Lort Smith Animal Hospital, Castlemaine Community House & the Hub Garden, 3CR Community Radio and Boomerange Network.
- #WeAreAble Social Media Campaign ran through September and October. #WeAreAble was developed to put inclusive volunteering for people of all abilities in Victoria at the top of the agenda.

- Micro-credentials: The online micro-credentials provide organisations with training opportunities to improve inclusion for volunteers with disability. The micro-credentials are available for anyone working or volunteering in a volunteerinvolving organisation. Coonara Community House led this work.
- 11 original guides and templates developed to support organisations to be more inclusive of volunteers with disability.
- Volunteering Victoria Webinar #9: Supporting Volunteers with Disability. The webinar explored inclusive volunteer management at a neighbourhood house. Twenty four volunteer managers engaged in this webinar.
- Voice at The Table video profile, a collaboration featuring a Project Advisory Group member and her involvement in Victoria ALIVE.
- Victoria ALIVE Newsletter 349 subscribers and 6 newsletters distributed.
- Project Advisory Group advised the project formed with 10 members with lived experience with disability over the course of 5 regular meetings
- Volunteer Managers Training Session –
 with 60 attendees and 7 panelists with lived
 experience or from peak disability organisations.
- The "So..." Podcast featuring project team members sharing learnings about disability inclusion.

Reporting and resources from the project are available on the <u>Victoria</u>
<u>ALIVE website.</u>

olunteering Victoria Annual Report 2020 Volunteering Victoria Annual Report 2020 035

Federal and State Peak partnerships

Volunteering Victoria enjoys a strong working relationship with Volunteering Australia and the State Peaks around Australia. In May Volunteering Victoria supported the compilation of a submission to the Senate Inquiry:

Lessons to be learned in relation to the Australian bushfire season 2019-20

The VA response to the Inquiry focused on the role of volunteers during the bushfire response; the Australian Government's Emergency Service Compensation Scheme and Investing in the volunteer workforce and the enabling infrastructure.

With meetings held in Perth, Adelaide, Sydney, Canberra and Hobart, the energy for a strong and consistent message on federal issues is paramount to our success.

With the onset of the COVID-19 pandemic, online network meetings of VA and the State Peaks were held weekly to discuss issues, prepare and share resources and collaborate on advice and support to the sector. Issues highlighted were a lack of an effective emergency volunteer registration platform, the rise of informal volunteering (and need for support), concerns over perceived gap in volunteer insurance, the blurring of paid vs unpaid workers and volunteering, Mutual Obligation pressures on the sector, particular issues confronting vulnerable volunteers and funding pressures on VIOs providing vital roles during the pandemic. The COVID-19 resources on the Volunteering Victoria and on the Volunteering Australia website have proved invaluable to volunteers and VIOs alike as they attempted to determine what was and was not allowed during the lock-downs.



















Sharing our Message

Volunteering Matters

Our monthly newsletter updates readers with sector news, activities, research, advocacy, events – all things volunteering. Volunteering Matters increased its subscriber base by 75% to 6,535 with an average open rate of 23% and click-through rate of 8%

Engage & Exchange

Our monthly newsletter provides readers with updates on up-coming workshops and event at Volunteering Victoria and within Victoria. Engage & Exchange has an open rate of 20% and a clickthrough rate of 4%

COVID-19 Updates

The COVID-19 Updates publishes important resources and news including announcements that may have affected the volunteer sector. COVID-19 Updates has an open rate of 24% and a click-through rate 10%

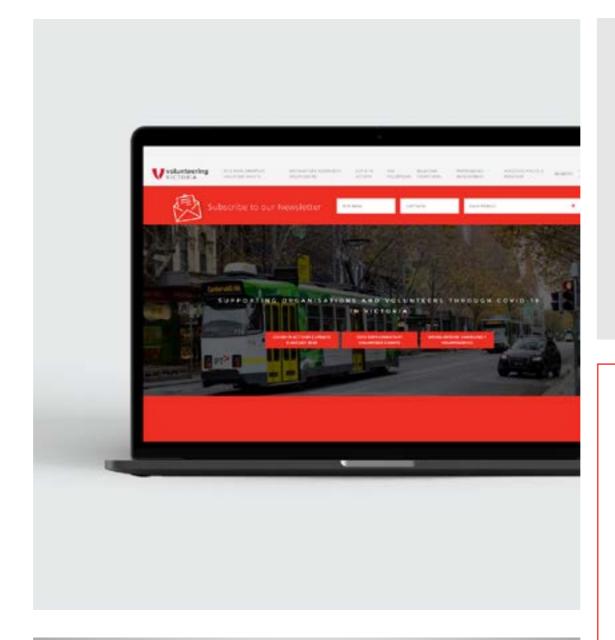


EDMs sent annually

8,000



Subscribers











7,077 Facebook followers

7,668

Facebook Reach



Instagram followers

390

4,933 Twitter followers

52,392

Twitter Reach



1.412

LinkedIn followers

Website

345,196

New website visitors

248,448 Unique visits

100,278

Returning website visitors

039

2%

Increase in visits

2 minutes

Our **Members**

3MBS Fine Music Melbourne Abbeyfield Australia Ltd Access Health & Community ACCESS Ministries (Korus Connect) Albury Wodonga Volunteer Resource Bureau Inc. Alice Haley Amanda Lovick Amber Dick AMDA Foundation Limited AMES An To Animal Justice Party Anna Ballinger ANZ Australia Arcare Pty Ltd Aspergers Victoria

Australian Kookaburra Kids Foundation

Australian Multicultural Community

(formerly Australian Red Cross Blood

Australian Red Cross Lifeblood

Bairnsdale Regional Health

Service)

Austin Health

Australian Red Cross

Services

Ballarat Community Health Ballarat Foundation / United Way Banksia Palliative Care Service Banyule City Council Banyule Nillumbik Local Learning and Employment Network Bayley House Bayside City Council Bayside Community Emergency Relief Bayside Community Information & Support Services Inc. Bendigo Kangan Institute (T/A Bendigo

Bendigo Health TAFE & Kangan Institute) Bendigo Volunteer Resource Centre Bethany Community Support Bicycle Recycle Shed Big Brothers Big Sisters Australia Big Group Hug Ltd BirdLife Australia BluEarth Foundation BlueCross Community & Residential

Services Boroondara Aged Services Society (BASS Care) Boroondara Volunteer Resource Centre Bradley Smith

Bridges Connecting Communities Ltd Brimbank City Council Bronwen Clark Brotherhood of St Laurence

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Calvary Health Care Bethlehem Campaspe Primary Care Partnership Cancer Patients Foundation Limited Carlton Neighbourhood Learning

Caroline Duffield Carolynne Venn Carringbush Adult Education Castlemaine Health CatholicCare Central Bayside Community Health Centre for Multicultural Youth Centre for Participation Chinese Association of Professionals and Scholars, Australia "Yalcin (Charlie) Kobak ' Churches of Christ Community Care City of Ballarat City of Casey City of Greater Bendigo City of Greater Dandenong City of Kingston City of Monash City of Moreland City of Port Phillip City of Stonnington City of Whitehorse City of Wodonga Cohaw Community Health Service Colac Area Health Community Information & Support Victoria (CISVic) Community Information Glen Eira Inc Con O'Brien Connect Health & Community Conservation Volunteers Australia Coonara Community House (Volunteer for Knox)
Council on the Ageing Victoria (COTA) Courage to Care (Vic) Inc Court Network Inc. CQUniversity Australia Cranbourne Information & Support Service Inc Crimcheck Ltd Croatian Catholic Welfare

Daniela Gullaci Deakin University- Geelong Campus Dean Petrisevic Dementia Australia (formerly Alzheimer's Aust) Department of Environment, Water, Land and Planning (DELWP) Diahetes Victoria nond Valley Community Support Didi Bahani Samaj Victoria (DBSV) Djerriwarrh Health Services Donwood Community Aged Care Services Inc Doveton Neighbourhood Learning DPV Health (formerly Dianella Health) Drysdale Community Church Inc. Duke Street Community House

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Eastern Health EdConnect Australia Emma Short Epilepsy Foundation EstuaryWatch & Waterwatch Victoria Extended Families Australia Inc

Fairview Homes for the Aged Inc Fairway Bayside Aged Care

Family Access Network Family Care Inc. (Goulburn Valley Family Care Inc.) Fareshare Fernlea House Inc Fitted for Work Fitzrov Legal Services

Fronditha Care Fusion Oakleigh Youth and Community Centre

Geelong Gallery

Geoff Sharp

Georgia Ransome

Girl Guides Victoria

Gateways Support Services

Gellibrand Community House

Gippsland Farmer Relief Incorporated

Goulburn Valley Hospice Care Service

Green Maroon and Black Patrons' Club

Greater Shennarton City Council

genU Karingal St Laurence

Golden Plains Shire Council

(a part of MHSOBA Inc)

Guide Dogs Victoria

Services Inc

(Victoria)

Greyhound Racing Victoria

GriefLine Community & Family

Habitat for Humanity Australia

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Counterpart (formerly Breacan) Country Fire Authority (CFA)

Crohn's & Colitis Australia Cystic Fibrosis Community Care (CFCC)

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Hamilton & Grampians Visitor Dallas Beeston Harry Moyle Healesville Interchurch Community Care Inc Heartbeat Victoria Council Inc. Heathcote Health Heide Museum of Modern Art Heidelcare Helen Coleman Hepburn Health Service Hepburn Shire Council Hobsons Bay City Council Holy Fools Inc Humanist Society of Victoria Hume City Council Huntington's Victoria

> IEPCP Inner East Primary Care Partnershin Impact Volunteering Inclusion Melbourne Inc

Interchange Inc

Interchange Outer East

J Jan Lucas Jennie Gale Jewish Care (Victoria) Inc Jimmy Marinas Iulia Young Julianne Neilson Julie Leonidas

Karina Hogan Keira McDonagh Kelli Nunes Kellie Houghtor

Kids First Australia Kinglake Ranges Neighbourhood House Kirsten Fullarton Knox City Council Kylie Gerher

> Kylie Semple La Trobe University Student Union Inc. Lara Kerr Latrobe City Council Latrobe Community Health Service Laverton Community Centre Leadership Victoria Lentil As Anything Ltd Life's Little Treasures Lisa Gallagher Living the Dream Foundation Loddon Shire Council Longwarry & District Lions Club Lord Somers Camp & Power House Lort Smith Animal Hospital

Madeline Townsend Maelor Himbury Make A Difference Dingley Village Make a Wish Foundation of Australia Mallee Track Health and Community MannaCare Mansfield Shire Council Margaret Campion Maribyrnong City Council Mark van Tatenhove Marriott Support Services Mat Mason Melba Support Services Melbourne City Mission Inc (Head Office) Melbourne Fashion Festival Ltd Melbourne Legacy Melissa Dummigai Melton City Council Mercy Connect Ballarat Mercy Health Mercy Works Ltd MHA Care Mind Australia MND Victoria (Motor Neurone Disease Association of Victoria) Monash College

Monash Health Monash Senior Chinese Volunteer Monash University Monica Smyrek Moonee Valley City Council Mordialloc Community Centre Museums Victoria

National Australia Bank (NAR) National Council of Jewish Women Victoria National Sports Museum Ltd National Stroke Foundation National Vietnam Veterans Museum NCN Health (formerly Numurkah District Health Service) Neighbourhood Houses Victoria Neighbourhood Watch Victoria Nicola McKay Nikila Cranage Nillumbik Shire Council North Melbourne Language and

North Richmond Community Health

Northeast Health Wangaratta Northern Health

0 OC Connections Office of the Public Advocate Old Treasury Building Open Gardens Victoria Ovarian Cancer Australia Oxfam Australia

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Palliative Care Victoria Inc Pancare Foundation Inc. Pangerang Community House Inc. Parks Victoria Paul Mc Inerney Paul Ross Perinatal Anxiety and Depression Australia (PANDA) Phillip Island Nature Parks Pinarc Disability Support Playgroup Victoria PMI Victorian History Library (formerly Retired Peer Support Officer Program) Polish Community Council of Victoria Prabhat Alloi Inc Public Record Office Victoria Puffing Billy Railway

Q Qrise

Reclink Australia Restoring Hope Inc Reynard Street Neighbourhood House (formerly Robinson Reserve Neighbourhood House) Richard Blakeman Riddells Creek Neighbourhood House RMIT University

Road Trauma Support Services Victoria Robert Rolley Robert Wagner Robin Boyd Foundation Ronald McDonald House VIC TAS Rose Jackson Rosheen Arthur RoundTrip Foundation Royal Automobile Club of Victoria Royal Botanic Gardens Victoria Royal Victorian Association of Honorary Justices RSL Inc. VIC Branch RSPCA (Victoria) Inc

(SAAS)

U Sacred Heart Mission Sailors with Disabilities Inc U3A Network Victoria Sally Boyle Samarinda Ashburton Aged Services Uniting Agewell Uniting Vic Tas Sandown Cobras Football & Netball Union (USMU) Sands Australia V Sarah Silcocks Save the Children Very Special Kids Scouts Victoria Seaworks Foundation Second Chance Animal Rescue Inc

SFFK Limited Shrine of Remembrance Silvia Carbone Simone Schweigert Solve Disability Solution: South East Community Links Inc South East Volunteers South Port Day Links

South Shepparton Community Centre Southern Migrant and Refugee Centre Southern Peninsula Community Support and Information Centre SPAN Community House Inc St John Ambulance Australia (Victoria) St John of God Health Care St Kilda Mums

St Mary's House of Welcome St Vincent de Paul Society Victoria St Vincent's Care Services (QLD) St Vincent's Hospital Melbourn Star Health Group STARS Aged Services (St Theresa's) State Library of Victoria Story Dogs Sue Jakob Sunassist Volunteer Helpers Inc Sunbury Community Health

Swan Hill Neighbourhood House

Tarn Kruger TarraWarra Museum of Art The Bushfire Foundation In The Centre for Continuing Education The Footpath Library Pty Ltd The Good Samaritan Inn The Holland Foundation The Institute for Enquiring Mind The Johnston Collection The Lost Dogs Home The Mission To Seafarers Victoria Inc. The Portsea Camp

The Royal Children's Hospital The Royal Children's Hospital The Royal Melhourne Hospital The Royal Victorian Eye & Ear Hospital The Royal Women's Hospital The Salvation Army The Smith Family The Winged Horse Equine Welfare Inc. Theresa Mangion
Thorne Harbour Health FKA (Vic AIDS Tracie Wilson Transgender Victoria Traveller's Aid Australia Trentham Neighbourhood House

University of Melbourn University of Melbourne Student

Variety the Children's Charity Victoria State Emergency Service Volunteers Association (VicSESVA) Victorian Immigrant & Refugee Women's Coalitio Victorian Mental Illness Awareness Council Inc. Victorian State Emergency Service Villa Maria Catholic Homes VincentCare Victoria Vision Australia Visit Ballarat Volunteer CONNECT (Volunteering Volunteer West Volunteering Mornington Peninsula

Water Polo Victoria Wellsprings for Women Inc Wellways Western Emergency Relief Network Western Healtl Whitelion Youth Agency Whittlesea Community Connections Wilson Business Services WIRE Women's Information and Referral Exchange Inc Work for the Soul WorldSkills Australia

Yackandandah Community Centre YACVic (Youth Affairs Council of Valcin (Charlie) Kohak Yarra Plenty Regional Library Yarra Ranges Shire Council YMCA Victoria Your Community Health (formerly Darebin)

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Zoe Peltekis

Summary of accounts

Volunteering Victoria Inc.

Statement of profit or loss and other comprehensive income

For the year ended 30 June 2020	Note	2019 \$	2018 \$
Revenue	3	1,107,830	1,054,486
Expenses			
Employment related expenses		(583,529)	(648,736)
Marketing, training and program expenses		(248,677)	(257,361)
Office and premises expenses		(65,315)	(69,593)
Travel, accomodation and meeting expenses		(11,589)	(16,358)
IT and communication expenses		(26,413)	(27,773)
Finance and membership expenses		(29,566)	(17,589)
Depreciation expense	4	(5,639)	(5,954)
Surplus for the year attributable to the members of Volunteering Victoria Inc.	14	137,102	11,122
Other comprehensive income for the year		-	-
Total comprehensive income for the year attributable to the members of Volunteering Victoria Inc.		137,102	11,122
Assets			
Current assets			
Cash and cash equivalents	5	1,186,726	561,262
Trade and other receivables	6	72,163	50,147
Other current assets	7	-	12,980
Total current assets		1,258,889	624,389

	Note	2019 \$	2018 \$
Non-current assets			
Property, plant and equipment	8	2,356	1,854
Right-of-use assets	9	7,367	-
Total non-current assets		9,723	1,854
Total Assets		1,268,612	626,243
Liabilities			
Current liabilities			
Trade and other payables	10	61,721	137,006
Lease liabilities	11	7,473	-
Employee benefits	12	19,867	13,996
Revenues received in advance	13	866,049	298,841
Total current liabilities		955,110	449,843
Total liabilities		955,110	449,843
Net assets		313,502	176,400
Equity			
Retained surpluses	14	313,502	176,400
Total equity		313,502	176,400

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